

DAILY SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:15 – 08:00	BREAKFAST					Full Day Activity Off Campus	Full Day Activity Off Campus
08:00 – 09:50	Morning English Classes (2 lessons/day)						
10:00 – 12:00	Nike Sports Training				Camp Activity		
12:00 – 13:00	LUNCH						
13:00 – 14:30	Nike Sports Training				Off-Campus Shopping Activity		
14:45 – 15:30	Swimming Pool – Free Swim						
15:45 – 16:30	Free Training Time						
16:30 – 17:30	Relax; take a shower; call home – Free Choice Time						
17:30 – 18:30	DINNER						
18:30 – 21:00	Residential Evening Activity & Dorm Meeting						
21:15 – 22:00	Quiet Time						